















Emergency Survival Check List

<input type="checkbox"/> WATER	
<p>2-week supply is recommended, 1 gallon per person per day.</p> 	<ul style="list-style-type: none"> <input type="checkbox"/> Drinking water: Aqua Blox, Aqua Literz <input type="checkbox"/> Water Storage Barrel <input type="checkbox"/> Water Storage Bag <input type="checkbox"/> Siphon Pump and Bung Wrench <input type="checkbox"/> Water Preserver Concentrate <input type="checkbox"/> Water Purification Tablets <input type="checkbox"/> Water Filtration Bottle <input type="checkbox"/> Drinking Cups
<input type="checkbox"/> FOOD	
<p>2-4 week supply is recommended, and should consist of regular grocery items and long store food items.</p> 	<ul style="list-style-type: none"> <input type="checkbox"/> Patriot Bar <input type="checkbox"/> 3600 Calorie Food Bar <input type="checkbox"/> Mountain House Foods In #10 Cans <input type="checkbox"/> MRE, Meals Ready to Eat <input type="checkbox"/> Canned Goods <input type="checkbox"/> Crackers, Cereals <input type="checkbox"/> Hard Candy <input type="checkbox"/> Powdered Milk
<input type="checkbox"/> HEATING / COOKING	
<p>Most of the food can be eaten cold, but warmed food may be more acceptable to the family.</p> 	<ul style="list-style-type: none"> <input type="checkbox"/> Mountain Oven Flameless Heating Kit <input type="checkbox"/> Folding Stove & 8 Solid Fuel Tabs <input type="checkbox"/> Disposable Plates and Utensils <input type="checkbox"/> 36 Hour Emergency Candle <input type="checkbox"/> Waterproof Matches <input type="checkbox"/> Lighter <input type="checkbox"/> Can Opener
<input type="checkbox"/> FIRST AID	
<p>After a disaster, help may be days away. Having a good supply of first aid items is key. Treating an injury quickly could reduce the risk of it becoming life threatening.</p> 	<ul style="list-style-type: none"> <input type="checkbox"/> First Aid Kits <input type="checkbox"/> Adhesive Bandages <input type="checkbox"/> Gauze Rolls and Pads <input type="checkbox"/> First Aid Tape Rolls <input type="checkbox"/> Metal First Aid Scissors <input type="checkbox"/> Ice Pack - Cold Compress <input type="checkbox"/> Non-Aspirin Packs with 2 Tablets each <input type="checkbox"/> Ibuprofen Packs with 2 Tablets each <input type="checkbox"/> Antacid Packs with 2 Tablets each <input type="checkbox"/> Antibiotic Ointment Packets

		<ul style="list-style-type: none"> <input type="checkbox"/> Burn Cream Packets <input type="checkbox"/> Cotton Tip Applicators <input type="checkbox"/> Tongue Depressors <input type="checkbox"/> Sunscreen Lotion Packets <input type="checkbox"/> Lip Ointment Packets <input type="checkbox"/> Sting Relief Prep Pads <input type="checkbox"/> CPR Mouth Barrier <input type="checkbox"/> Vinyl Gloves (Non-Latex) <input type="checkbox"/> First Aid Guides <input type="checkbox"/> Alcohol Wipes <input type="checkbox"/> Ammonia Inhalants <input type="checkbox"/> Eye Wash Solution <input type="checkbox"/> Ace Bandages <input type="checkbox"/> Tweezers <input type="checkbox"/> Emergency Suture Kit 	
<input type="checkbox"/>	SANITATION		
	<p>Sanitation is essential in an emergency situation. Unsanitary conditions can bring disease and dysentery.</p> 	<ul style="list-style-type: none"> <input type="checkbox"/> Bucket Style Toilet <input type="checkbox"/> Toilet Tissue or Tissue Packs <input type="checkbox"/> Toilet Waste Bags with Bio-Gel <input type="checkbox"/> Hand Sanitizer <input type="checkbox"/> Toilet Wipes <input type="checkbox"/> Liquid or Bar Soap <input type="checkbox"/> Vinyl Gloves (Non-Latex) <input type="checkbox"/> Chlorine Bleach <input type="checkbox"/> Plastic Bags <input type="checkbox"/> Privacy Shelter 	
<input type="checkbox"/>	HYGIENE		
	<p>Personal hygiene is important during emergency situations to control the spread of germs. It also makes it a little easier when living in disaster conditions.</p> 	<ul style="list-style-type: none"> <input type="checkbox"/> Hygiene Kit (items below included in kit) <input type="checkbox"/> Tooth Brush / Tooth Paste <input type="checkbox"/> Comb <input type="checkbox"/> Soap <input type="checkbox"/> Shaving Razor <input type="checkbox"/> Wet Wipes <input type="checkbox"/> Tissue Packs <input type="checkbox"/> Shampoo <input type="checkbox"/> Sanitary Napkins 	
<input type="checkbox"/>	SHELTER & WARMTH		
	<p>It is important to have items to keep you warm and dry.</p> 	<ul style="list-style-type: none"> <input type="checkbox"/> Body Warmers <input type="checkbox"/> 2 Person Tube Tent <input type="checkbox"/> Emergency Poncho <input type="checkbox"/> Survival Sleeping Bag <input type="checkbox"/> Emergency Mylar Blanket <input type="checkbox"/> Polyethylene Tarp <input type="checkbox"/> Plastic Sheeting 	

		<input type="checkbox"/> Warm Polar Fleece Blanket <input type="checkbox"/> Extra Clothes <input type="checkbox"/> Waterproof Matches <input type="checkbox"/> Lighter
<input type="checkbox"/>	TOOLS & SEARCH AND RESCUE	
	<p>These tools are extremely important for yourself, your family, and others you may be able to help after a disaster strikes.</p> 	<input type="checkbox"/> 4-in-1 Safety Tool <input type="checkbox"/> 50 Feet of Nylon Cord <input type="checkbox"/> 6-in-1 Survival Shovel Tool <input type="checkbox"/> N95 Respirator Masks - NIOSH Approved <input type="checkbox"/> Duct Tape <input type="checkbox"/> Leather Palm Working Gloves <input type="checkbox"/> Pry Bar/ Crow Bar 24" <input type="checkbox"/> Safety Goggles <input type="checkbox"/> Hard Hat <input type="checkbox"/> Nitrile Industrial Grade Protective Gloves <input type="checkbox"/> 16 Function Swiss Army Style Knife <input type="checkbox"/> Assorted Tools <input type="checkbox"/> Screw Drivers <input type="checkbox"/> Hammers <input type="checkbox"/> Saw
<input type="checkbox"/>	EMERGENCY LIGHT	
	<p>You should have several sources of light available to you.</p> 	<input type="checkbox"/> LED Flashlights (see Emergency Light) <input type="checkbox"/> Lanterns <input type="checkbox"/> Solar / Hand-Crank Powered Emergency Flashlight <input type="checkbox"/> Candles (liquid, stick and 3 wick) <input type="checkbox"/> 12 Hour Emergency Bright Stick <input type="checkbox"/> Waterproof Matches <input type="checkbox"/> Bic Style Lighter <input type="checkbox"/> Emergency Strobe Light
<input type="checkbox"/>	EMERGENCY COMMUNICATION	
	<p>It is essential to be able to communicate with other people, either for help or for information.</p> 	<input type="checkbox"/> 5-in-1 Survival Whistle <input type="checkbox"/> Emergency Cell-Phone Charger <input type="checkbox"/> Mobile Cell-phone Adapter Package <input type="checkbox"/> Emergency Strobe Light <input type="checkbox"/> AM / FM Radio <input type="checkbox"/> Weather band or Short Wave Radio <input type="checkbox"/> Important Phone Numbers <input type="checkbox"/> Flashlight - Radio - Siren

<input type="checkbox"/>	TERRORISM SURVIVAL SUPPLIES		
	<p>Acts of terrorism can strike at any time; we must be prepared ahead of time.</p> 	<ul style="list-style-type: none"> <input type="checkbox"/> Gas Mask - SGE 400/3 Infinity <input type="checkbox"/> Gas Mask Filter Cartridge <input type="checkbox"/> N95 Respirator Masks - NIOSH Approved <input type="checkbox"/> Potassium Iodide <input type="checkbox"/> Silver Shield Gloves and Boot Covers <input type="checkbox"/> NBC Special Forces Protective Suit <input type="checkbox"/> Plastic Sheetting& Duct Tape (for sheltering in place) 	
<input type="checkbox"/>	PANDEMIC FLU KITS		
	<p>The best way to avoid panic is to be informed and to be prepared.</p> 	<ul style="list-style-type: none"> <input type="checkbox"/> Basic Pandemic Swine Flu Kit <input type="checkbox"/> Deluxe Pandemic Swine Flu Kit (medium/large) OR (small) <input type="checkbox"/> Standard Pandemic Swine Flu Kit (medium/large) OR (small/medium) <input type="checkbox"/> N95 Respirator Masks - NIOSH Approved 	
<input type="checkbox"/>	PETS		
	<p>It is important to remember our pets when a disaster strikes. Make arrangements with a neighbor to look after your pets if you are unable to return home.</p> 	<ul style="list-style-type: none"> <input type="checkbox"/> Cat Food - Vacuum Sealed <input type="checkbox"/> Dog Food - Vacuum Sealed <input type="checkbox"/> Collars / Leash <input type="checkbox"/> Pet Bowls <input type="checkbox"/> Pre Assembled Cat Survival Kit <input type="checkbox"/> Pre Assembled Dog Survival Kit <input type="checkbox"/> Pet First Aid Kit Multiple cat and dog kits available 	
<input type="checkbox"/>	ADDITIONAL GEAR SUGGESTIONS		
	<p>Additional items you may want to include in your survival preparations.</p> 	<ul style="list-style-type: none"> <input type="checkbox"/> Pre Made 72 hr. Survival Kits <input type="checkbox"/> Fire Escape Ladder 2 Story or 3 Story <input type="checkbox"/> Pepper Spray <input type="checkbox"/> Hand Gun / Rifle <input type="checkbox"/> Ammunition <input type="checkbox"/> Plastic Buckets, Lids <input type="checkbox"/> Backpacks / Bags <input type="checkbox"/> Survival Books And Guides 	

<input type="checkbox"/>	CASH		
	<p>It is important to have cash money when a disaster strikes. Banks and ATMs will not be open, and if the phone lines are down, credit cards will not be able to be authorized.</p> 	<ul style="list-style-type: none"> <input type="checkbox"/> Rolls of Quarters <input type="checkbox"/> \$500+ in \$1, \$5, \$10 bills <input type="checkbox"/> Longer Term Cash Reserve (3 mo. living expenses, not stored at the bank) <input type="checkbox"/> Barter Items like cigarettes 	
<input type="checkbox"/>	ENTERTAINMENT		
	<p>Have some things on hand that can help pass the time in a stressful situation for adults and children.</p> 	<ul style="list-style-type: none"> <input type="checkbox"/> Survival Books And Guides <input type="checkbox"/> Activity / Coloring Book <input type="checkbox"/> Children's Toy Set <input type="checkbox"/> Puzzles <input type="checkbox"/> Playing Cards <input type="checkbox"/> iPod / Hand Held Games (if available) 	
<input type="checkbox"/>	INFANTS		
	<p>These items may be hard to come by in an emergency if you are not prepared.</p> 	<ul style="list-style-type: none"> <input type="checkbox"/> Baby Formula <input type="checkbox"/> Jar Baby Food <input type="checkbox"/> Bottles / Spoons <input type="checkbox"/> Cereal <input type="checkbox"/> Diapers <input type="checkbox"/> Baby Wipes <input type="checkbox"/> Any Medicines / Vitamins <input type="checkbox"/> Clothes / Hat <input type="checkbox"/> Blankets / Toys 	

This checklist is to help you gather the recommended supplies that will help you be better prepared. This is not intended to be an all-inclusive list, or for every situation, just a start to get yourself and your family prepared.

Helpful links have been added to help you locate the items on our website.

Please let us know if you have any questions about the products or about your preparation.

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